



TALKING TURKEY



WTKCA WEBSITE: www.wagstaffetokillcare.org.au

No 228 August 2022

WTKCA MEETING
Monday
8th August
All welcome!

AUGUST at WAGSTAFFE HALL

*MONDAYS

9.30 - 11.00 am Hatha Yoga -
Gai Davies (02 4360 1854)

6.00 - 7.00 pm Pilates -
Michelle (4384 5005) / Simon
(0425 224 532)**

*TUESDAYS

10.30 - 12 noon Movement &
Mindfulness - Jacqui Dawson
(0408 602 669)

1.30—4pm Knit 2 Chat 2
2nd and 4th Tuesdays --
9th and 23rd August
Helen (4360 2926)

* THURSDAYS

2.00 – 5.00 pm Mah-jong –
Pat Hamilton (0404 955 259)

* FRIDAYS

9.30 - 11.00 am Yoga - Laurie
Jones (0423 589 877)

1.30 – 4.30 pm Wagstaffe
Bridge Club (0414 689 922)



Local Resident's Book Becomes an Amazon Best Seller

Local authors and Wagstaffe residents, John Roosen and Susan Rogers, recently launched the mystery book *Dead Man's Pose*, as part of their Yoga Mat Mysteries series imprint. During the launch, *Dead Man's Pose* became an Amazon Best Seller in the Financial Thriller category. The book was also selected as a 'Silver' *Finalist* in the Next Generation Indie Book Awards for the **Best Cover Design (Fiction)**.

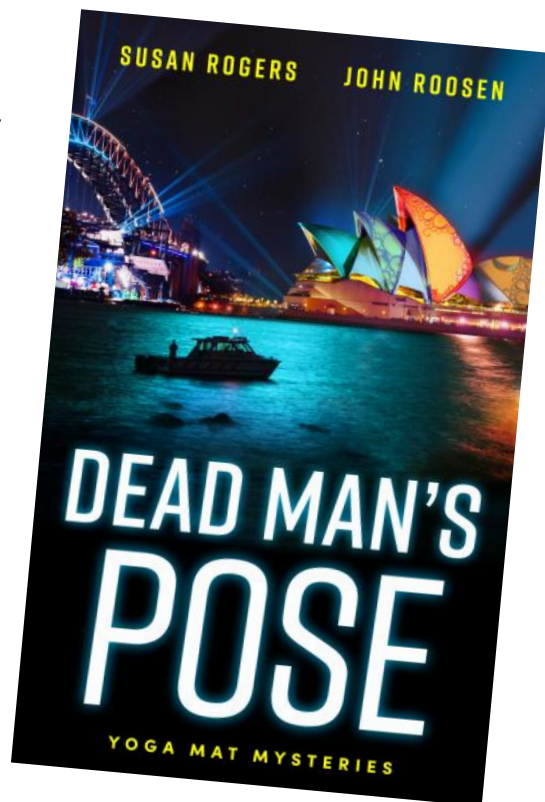
Typically, *Dead Man's Pose* is a tension-reliever in yoga, but not this time! Elaina, a spirited yoga teacher, and Ric, a dark-horse partner, investigate the mysterious death of a friend in Sydney.

Quirky characters, late-night spying and a gummy web of intrigue crop up as the rules and gloves are off in this series. The story flows out to the Central Coast and the local area of Wagstaffe, Woy Woy and other locations along the coast, as the characters unravel a few clues relative to the mystery. The story comes in a crime noir wrapper with liberal doses of a budding attraction between the protagonists, a jigger of romance, shaken with humour, and served with suspense and action.

Susan and John appreciated the 'initial read' and practical guidance from numerous local residents, a team of Australian-New Zealand professional editors, proof-readers, graphic artists and technical experts. They call it a classic 'whodunit ... but it's presented as a gin fizz romantic mystery with extra fizz.

The ebook is available online at most eBook stores including Booktopia and Amazon. An array of 5-star editorial reviews and 5-star reader reviews is found at:

<https://www.amazon.com/Dead-Mans-Pose-Mysteries-adventure-ebook/dp/B09SYJG1YP>



**President's Notes**

At the WTKCA Community Meeting in July we were pleased to welcome Andrew Bayley from NPWS to talk to us about recent developments in Bouddi National Park and more broadly about NPWS activities in the wider Central Coast and Hunter regions. They have done some impressive walkway improvements along the Coastal Walk and along our own Flannel Flower Track, in addition to maintaining the condition of this National Park in fairly difficult circumstances. It was a good opportunity also for the community to raise issues and observations and to get some clarity into NPWS plans. Of some note were concerns relating to the protection of rock platforms containing indigenous carvings, and especially in discouraging damage caused by careless use by some visitors. The meeting was informed also about the progress of NPWS investigation into improvements and formalization of the Half Tide Rocks track. We look forward to reviewing the options arising and to the works being added to the NPWS schedule for Bouddi NP.

Just after the July TT was published noting concerns over certain isolated dog incidents on Killcare Beach, Council released for comment their Action Plan for Dogs in Open Spaces. While coincidental, this has proven quite timely. Their plan covers the whole LGA with new areas added, some deletions and some modifications. Importantly for us, the Killcare Beach off-leash area and the Araluen Drive Dog Track are NOT subject to any change. Following community representation and in support of this position, WTKCA wrote to the CEO of Council stating that there should be no restrictions placed on the current sites, retaining existing access with no limitations on time of use. We support the freedom to use this beach and track by owners with well behaved dogs under control off leash in these areas. We would also welcome any additional enforcement of current rules where negligent owners or aggressive dogs are identified.

On another topic, our local Bouddi Community Resilience Plan is taking shape with the joint efforts of WTKCA, RFS, KSLSC and Killy Cares. This is designed to highlight the roles and capabilities of each organization locally in support of emergency services efforts should there be a high risk event impacting our relatively isolated community. We will produce some simple guidance material for all local households as well as look to include more detail via local electronic channels. Community feedback will be vital once we put the first communications together in a couple of month time. In the meantime, visit the WTKCA website <https://www.wagstaffetokillcare.org.au/> to find some useful stuff as well as links to other local community organizations. In particular, check out the link to <https://www.bouddi.fyi/> which is one of the first efforts from the Resilience Team. Feel free to contact me with any queries and suggestions on this topic in the meantime.

Enjoy the remainder of winter, and here's hoping the hills will dry out and the potholes will be repaired soon.
Mike Allsop

EXPRESSIONS of INTEREST**for an Exercise Class at Wagstaffe Hall****Council On The Ageing (COTA)**

Personal Training and Weight Management
Consultants on the Central Coast | Living Longer
Living Stronger |

The facilitator could be very interested to set up a group here if there was a number of interested people.

Costs are detailed on the site -

\$50 one off evaluation fee, \$10 weekly class.

Go to the website for more information

<https://www.urbanpersonaltraining.com.au/living-longer-living-stronger>

Ring Bill Gregor if you are interested 0415 341 797

WTKCA CONTACTS**President:**

Mike Allsop

Vice President:

Richard Urquhart

Secretary:

Ian Bull - 0419 833 945

secretary.wtkca@gmail.com

Membership Secretary:

Bruce Fraser -

memsec.wtkca@gmail.com

Hall Convenor: *Martin Sieper*

Hall Bookings: **0476 033 650**
hall@wagstaffetokillcare.org.au

Newsletter:

Alex Sharp & Robyn Warburton
tt@wagstaffetokillcare.org.au



VOLUNTEER KITCHEN HAND

Join the enthusiastic team of volunteers at Coast Shelter, to meet new people, have fun and help us serve our local people in the community doing it tough through volunteering as a Kitchen Hand at Coast Shelter. We currently have volunteer opportunities available during the week days within the Coast Community Centre teams.

If you feel you could commit to one of the available shifts, on a weekly basis, please fill out the application online via our website, www.coastshelter.org.au click on volunteering and positions vacant.

As part of applying for this volunteer role, Coast Shelter will conduct a suitability chat with potential candidates and request relevant background checks such as: CV; referee; National Criminal Record; Working with Children Clearance; 100 points of ID and COVID vaccination certification. Volunteers who qualify with the required documentation and availability, will be invited to attend a full site induction.

For Further Information

☎ 4325 3540
✉ kylie@coastshelter.org.au
🌐 www.coastshelter.org.au
📍 346 Mann Street North
Gosford

We are committed to equal employment opportunity, ethical practices and the principles of cultural diversity. Coast Shelter strongly encourage Aboriginal and Torres Strait Islander people to apply.



WOULD YOU LIKE TO HELP COAST SHELTER SERVE WHOLESOME MEALS TO OUR LOCAL COMMUNITY DOING IT TOUGH?

DO YOU ENJOY COOKING?

DO YOU THRIVE VOLUNTEERING IN A TEAM ENVIRONMENT?

Bouddi Peninsula Arts Trail

A call out to all artists and artisans who would like to participate in this year's Bouddi Arts Trail on the October weekend. Its an exciting weekend with lots of artistic activities scheduled along with the opening up of our studios or workshops.

Whether you have participated in the past, have moved here recently or taken up an art

form and are interested in joining us, please contact Leanne Koppen

on 0437403994

by the 20th of August.

Susan Brooks

Wonderful Workers Help our Beach

Two little girls, Margot 7 and Rosie 5, visiting their grandparents for the holidays, saw the need to clean up Lobster Beach following the floods on the Hawkesbury and set to work. They amassed a large volume of rubbish.

Their father, Dominic Hogan, said the children love nature, animals and see it as their duty to preserve the environment for the future.



We endorse Dominic's conclusion: "We hope the children's positive attitude and commitment to keeping their environment clean might inspire others to do the same." Well done Margot and Rosie!

**WHAT'S ON at HARDYS BAY CLUB**

Free Live Music



Sun 7/8

Fri 5/8 Trivia 7.30pm

Fri 12/8

Sat 6/8 Beatles Singalong 6.00pm

Sat 13/8

Relax Alan 1.00pm

Ruby Shay 6.00pm

Movie Night – The Blues Brothers 7.30

Sun 14/8

The Citations 1.00pm

Fri 19/8

Musical Bingo 7.30pm

Sat 20/8

Walking Cane 6.00pm

Sun 21/8

Tip the Hat 1.00pm

Fri 26/8

Sports Lunch

With Peter "Fab" Fenton 12.00pm

Fri 26/8

Music Mates 6.00pm

Sat 27/8

Six and Out - Ticketed Event - \$50
7.30pm

Sun 28/8

The Loungephonics 1.00pm

YOUR COMMUNITY CLUB**14 Heath Rd, Hardys Bay NSW 2257 4360 1072****HBCC in August**

We'll finish our Sunday series entitled "What would Jesus say/doon various current social issues?" – 9.30am start.

We then look at a 2000 year-old letter of St Paul, which still has amazing relevance for 21st century.

Our mid-week Bible studies continue.

Other mid-week activities also continue.

Advance notice: Our annual RFS & Surf Club service, to mark the commencement of the season, is on Sun 18 Sept at 9.30am.

For enquiries, hall hire and pastoral care, call

Stephen Hinks – 0439 744 657.

For more information

www.hbcc.com.au

CENTRAL COAST COUNCIL MOBILE LIBRARY:
the VAN will visit WAGSTAFFE on
FRIDAY 5th and FRIDAY 19th AUGUST
at 12.00 noon

PLEASE JOIN US

The Association has a proud history of promoting everything good about the unique character of the Bouddi Peninsula – the environment, the village character and the sense of community. Please consider joining us by completing the form below. **(Note: Current Members will be advised when renewals are due).** **Form is for New Members only:** By signing this form you agree to uphold the Association's Aims and Objectives [find at www.wagstaffetokillcare.org.au or contact WTKCA for a copy or further information].
(1) Complete this form **(2) Enclose** payment of \$5p.p. [includes joining fee] **(3) List** details in spaces provided **(4) Sign** this form and return to **WTKCA Membership Secretary, PO Box 4069 WAGSTAFFE NSW 2257.**

FULL NAME of new member/s [use BLOCK letters].....

Mailing address.....

Email address.....

Phone/s.....

Signed.....