

## **TALKING TURKEY** WTKCA WEBSITE: www.wagstaffetokillcare.org.au

WTKCA MEETING Monday 13th March All welcome!

#### MARCH at WAGSTAFFE HALL

#### \*MONDAYS

9.30 - 11.00 am Hatha Yoga -Gai Davies (43601854) 6.00 - 7.00 pm Pilates -Michelle (4384 5005) / Simon (0425 224 532)

#### **\*TUESDAYS**\*

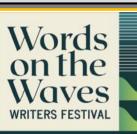
10.30 - 12 noon Movement & Mindfulness - Jacqui Dawson (0408 602 669)

#### \*WEDNESDAYS

9.30 - 10.30 COTA -Live Longer Live Stronger **Exercise with Mai Speirs** (0411 039 643) NB Preassessment required

\* THURSDAYS 2.00 - 5.00 pm Mah-jong – Pat Hamilton (0404 955 259)

\* FRIDAYS 9.30 - 11.00am am Yoga - Laurie Jones (0423 589 877) 1.30 – 4.30 pm Wagstaffe Hall Bridge Club (0414 689 922)





9:45am - 4:45pm

#### A one-day literary event held in partnership with The Bouddi Society

The theme for Words at Wagstaffe is From the Frontline. Each speaker has reported from the coalface of action, be it a war zone, a news room, or a high stakes political forum. These will be exceptional tales, and all true. Please join us for an energetic day of discussions and revelations from the frontline. Book signings will follow each of the four author talks.











No 234 March 2023





ANITA JACOBY

www.wordsonthewaves.com.au



**NSW WOMEN'S WEEK FORUM** HARDYS BAY CLUB SATURDAY 11th MARCH 3.00pm **SPEAKERS** 

All welcome to join us for afternoon tea.

Julie Dolan AM Rae Anderson Lara Keogh

MC Gloria Nicol

Hear from our panel of speakers and celebrate the achievements of women in our community. For bookings please email bar@hardysbayclub.com.au



#### **Presidents Notes**

March is likely to be dominated by matters related to the State Election on Saturday 25th . Wagstaffe Hall will be the local polling place on the day although there are some early polling centres elsewhere in the Terrigal electorate. None close-by though. Democracy sausages should be on hand at Wagstaffe courtesy of PBPS P & and C.

The candidates for Terrigal electorate will present their case to the community on Saturday March 4 at 2pm at Wagstaffe Hall. Questions will be welcome and I'm sure they will be available for informal discussion afterwards. This will not be a debate.

In advance of the election there are a number of State related matters in relation to general community amenity which WTKCA are promoting. Among these are improvements to the turning arrangements at the Empire Bay Drive / Wards Hill Rd intersection, improvements to the Half Tide Rocks track in Bouddi National Park, enhancement of ferry and bus services to the Killcare /Wagstaffe area, and provision of grant funding variously for CCC to do essential upgrade works to our waterfront areas and access roads. WTKCA are writing to all candidates in relation to these priority areas and you might like to do the same for issues you feel most strongly about for State support.

On other matters, we will also be very keen to hear the result of the legal challenge to the mobile phone tower which is scheduled to be determined in March. The overwhelming support for improved coverage in our community has been amply demonstrated and we hope the legal shenanigans will be soon to be brought to a close. You may wish to write to our political representatives both Federal and State once again to express your view, although bear in mind they have no direct influence over legal proceedings.

Mike Allsop



#### **COMMUNITY CONNECT CALENDAR**

Mondays - 10.30-11.30am Zumba with Fiona

Tuesdays - 7.45-8.45am Yoga with Robyn

9.15-10.15am Yoga with Abi

7-8pm Yoga with Abi

Thursdays - 9-10am Tai Chi with Lesley

Fridays - 7-8am Yoga with Robyn 9.30-10.30am Yoga with Robyn

#### SUNDAY SIPS

Every Sunday upstairs on the balcony everyone welcome 4-7pm

For further details please contact the KSLSC on Ph (02) 4360 1150 WTKCA CONTACTS President:

Mike Allsop

Vice President: Richard Urguhart

Secretary: Ian Bull - 0419 833 945 secretary.wtkca@gmail.com

**Membership Secretary:** 

Bruce Fraser -

memsec.wtkca@gmail.com

Hall Convenor: *Martin Sieper* Hall Bookings: 0476 033 650 hall@wagstaffetokillcare.org.au

#### Newsletter:

Alex Sharp & Robyn Warburton robynwarburton@gmail.com



# TALKING TURKEY

### TRASH 'N' TREASURE 2023

Your opportunity to de-clutter and recycle is NOW!

Trash 'n' Treasure, WTKCA's annual major fundraiser, is fast approaching -

**Easter Saturday 8th April** The doors open at 9am sharp, and close at 1pm. For the last hour, you are invited to fill a box for \$5!!

But please remember NO BOOKS/CDs/DVDs again this year. Our annual Book Fair will be held later in the year

As always we will need volunteers to assist in setting up on the preceding Thursday night, on Friday & to assist on the day. If you would like to help please telephone Robyn on 0416 069 311

Donations can be left at Wagstaffe Hall

on Thursday night from 5pm until 8pm and all day Friday from 9am to 4pm

We accept all manner of things and would like to add PLANTS again his year

but please

NO clothes, NO large heavy furniture or beds & NO BOOKS/CDs/DVDs

If you would like goods collected on Good Friday please ring Mike on 0419 323 413

This is always a fun event with all money raised going back into the local community.

We see it helping you — your "trash" is someone else's "treasure" and helping the Association raise money for their community projects.



#### SHIRLEY SHUTTLE CANCER OUTPATIENT TRANSPORT SERVICE CENTRAL COAST

#### THE STORY

When Shirley Galvin was diagnosed with cancer in 2004 she moved from her home in Katoomba into her daughter Barb's home on the Central Coast and was assisted by Barb at every stage of her cancer journey until her death in August 2006. During attendance at numerous medical appointments both Barb and Shirley were unable to overlook the many challenges faced by a large number of other patients in order to attend potentially lifesaving appointments. And some patients even said that they intended to guit treatment regimes as it was 'just too hard'. The 'Shirley Shuttle' commenced on 4 March, 2008 with Barb Galvin's donation of a Toyota Hi-Ace Minibus to the Cancer Council NSW to transport cancer outpatients to and from oncology treatment centres within the Central Coast Region. Community Transport Central Coast agreed to administer the service and Central Coast Health agreed to pay for fuel.

That vehicle and all replacement vehicles are known as 'Shirley 1, 2, 3 & 4'.

Caring for you. Call us on 4355 4588

#### THE NEED

#### THE SERVICE URGENTLY NEEDS VOLUNTEER DRIVERS !

Shirley Shuttle is appealing for additional Volunteer Drivers to transport cancer outpatients to and from potentially life-saving oncology appointments within the Central Coast Region on either a Tuesday, Wednesday, Thursday or Friday.

Required Qualifications : NSW Driver's Licence, Driver Passenger Authority, First Aid Certificate, Proof of Vaccinations, NDIS Worker's Screening Check (includes Police Check),

Driver History Report and Working with Children Check. (NB various checks are available via Services NSW). Any out of pocketsexpenses will be reimbursed.

Statistics : From 1 July to 31 December, 2022 Shirley Shuttle transported 926 individual clients to treatment. Each of our 4 automatic X-Trail or Outlander vehicles travels a maximum of 200 kms per day, and no patient is left without transport. For this service to continue more drivers need to be added to our team.

#### The Pretty Beach Bushcare—new volunteers needed

The Pretty Beach Bushcare group is seeking new volunteers to join our friendly group. The Araluen Reserve, fondly named The Dog Track, runs along the water front from the Pretty Beach boat ramp to Araluen Drive, Hardys Bay. This track has greatly deteriorated over the last 3 years for numerous reasons including a decrease in volunteers, a shut down of volunteer services because of COVID restrictions, extended periods of wet weather and a reduction in services and support previously provided by Council.



This area is such a valuable community access and is frequently used by dog walkers, joggers and bike riders but it desperately needs an injection of care and attention.

The group meets every Monday along the dog track from 2:00pm to 4:00pm to pull weeds, mulch and plant native tube stock. It is a small friendly group that is part of the Central Coast Council Volunteer Landcare program. No experience is necessary and you will learn about native plants and how to identify and eradicate weeds. Any time you can give will help to rescue the native vegetation that supports the local wild life.

For more information about Pretty Beach Bushcare contact Toni Trent on 0401 587 988 or Council's Bushcare Officer on 4325 8222.



Hard

March 2023

#### WHAT'S ON at HARDYS BAY CLUB

FREE Live Music in March

Fri 3/3	Trivia 7.30pm	
Sat 4/3	Top Cat 6.00pr	n
Sun 5/3	The Loungephonics	2.00pm
Fri 10/3	Bohemian Bees	6.00pm
Sat 11/3	Women's Forum & Afternoon Tea 3.00 pm	
Sat 11/3	Jane Germain	6.00pm
Sun 12/3	Alex D Smith	2.00pm
Fri 17/3	Musical Bingo	7.30pm
Sat 18/3	Tip the Hat	6.00pm
Sun 19/3	St Patrick's Day with Aubrey &	
	Purton Band	2.00pm
Fri 24/3	The Citations	6.00pm
Sat 25/3	Driftwood	6.00pm
Sun 26/3	Short n Curly	2.00pm
Fri 31/3	Men's Lunch	12.00pm
Fri 31/3	Music Mates	6.00pm



#### **HBCC in MARCH**

Sat 4<sup>th</sup> 9.30-11am – **Man2man** Morning tea & Discussion for men On national & international events **Topic: The Israel-Palestine Conflict** 

Our Sunday worship series is about: Jesus: The Man, His Mission, His Message 9.30-10.30am + morning tea

Tues 7<sup>th</sup> to Fri 10<sup>th</sup> – Ladies Retreat Sat 11<sup>th</sup> to Tues 14<sup>th</sup> – Men's retreat Both held at Douglass Park

Early Notice for Easter: Fri 7 to Mon 10 April **Easter services Fri & Sun 9.30am** 

& Annual ART EXHIBITION – local artists

See website below for details

Enquiries, pastoral care, & hall is available for hire for regular & one-off events: Stephen Hinks 0439 744 657

#### www.hbcc.com.au

#### YOUR COMMUNITY CLUB14 Heath Rd, Hardys Bay NSW 2257 | 02 4308 7521

#### HARDYS HIDEAWAY RESTAURANT OPEN THURSDAY TO SUNDAY

#### CENTRAL COAST COUNCIL

MOBILE LIBRARY: will visit WAGSTAFFE on FRIDAY 3rd and FRIDAY 17th

MARCH

#### PLEASE JOIN US

The Association has a proud history of promoting everything good about the unique character of the Bouddi Peninsula – the environment, the village character and the sense of community. Please consider joining us by completing the form below. (Note: Current Members will be advised when renewals are due). Form is for New Members only: By signing this form you agree to uphold the Association's Aims and Objectives [find at www.wagstaffetokillcare.org.au or contact WTKCA for a copy or further information]. (1) Complete this form (2) Enclose payment of \$5p.p. [includes joining fee] (3) List details in spaces provided (4) Sign this form and return to WTKCA Membership Secretary, PO Box 4069 WAGSTAFFE NSW 2257.

FULL NAME of new member/s [use BLOCK letters] Mailing address
Email address
Phone/s

Signed.....