



TALKING TURKEY



WTKCA WEBSITE: www.wagstaffetokillcare.org.au

No 237 June 2023

WTKCA MEETING
Monday
19th June
WTKCA Meeting &
AGM
All welcome!

JUNE at WAGSTAFFE HALL

MONDAYS

9:30 - 11.00 am Hatha
Yoga : in abeyance until
further notice !

6:00 - 7:00

pm Pilates : Michelle
(4384 5005) / Simon
0425 224 532)

TUESDAYS

10:30 - 12 noon Movement
and Mindfulness : Jacqui
Dawson (0408 602 669) ***

1:30 - 4:00 pm Knit Two

Chat Too : Helen Reid
(4360 2926) 13th cancelled
+ 27th check status with
co-ordinator.

WEDNESDAYS

9:30 - 10:30 am COTA Live
Longer Liver Stronger Exer-
cise : Mai Speirs
(0411 039 643) ***

THURSDAYS

2:00 - 5:00pm pm
Mah-jong : Pat Hamilton
(0404 955 259) ***

FRIDAYS

9:30 - 11:00 am
Yoga : in abeyance until
further notice !

1:30 - 4:00 pm Wagstaffe
Bridge Club : Graeme
Anderson (0414 689
922) check status with co-
ordinator.

*** Please check venue with
group co-ordinate each
week - as some sessions will
transfer to Community
Church during Wagstaffe
Hall building remediation

Pretty Beach Public School children in 2006

Who are they? Where are they now?



This photo was found in the archives of the Bouddi Collection of Photos and is interesting in itself but it is also interesting because it reminds us of the Red-crowned Toadlet that caused great excitement when it was discovered in the leaf-litter in the creek running through the school grounds adjacent to the bush classrooms. It was so significant that it was decided to mark the discovery with a sign telling the story of the toadlet. Local signwriter, John Lee, created the sign (still there but now damaged by rain). Seen two years ago, hopefully the little frogs are still there.

An excerpt from the school's history tells us more about the environmental work done at the school at the time: 'The school's dedicated environment committee was very successful in obtaining grants to maintain and improve the school's bush classrooms. A grant to preserve the environment of an endangered frog, the Red Crowned Toadlet, discovered in the bush behind the classrooms, funded bush regeneration and related educational programs, while another funded the restoration of the creek behind the buildings to its original state, with numerous trees planted along its banks. Parents also donated time and materials to build new seating in the lower bush classroom and a bridge to allow access to the bush tracks, ensuring a continued focus on environmental education'.

The history of the school, titled *Pretty Beach School's Story* can be found in the eBook *Bouddi Stories Volume 2 – Growth* on the Bouddi Society's website: bouddisociety.org.au

More photographs can be found on Flickr: [Bouddi Photos Albums](#)

R Warburton



President's Notes—Mike Allsop

Beginning on a notionally sad note this month, though brimming with certain happiness were two farewells held at Wagstaffe Hall at the beginning of May.

Our WTKCA Treasurer Brent Walker passed away in late April with his wake held on May 2. There was a splendid turnout of community members, family and friends to celebrate his memory and reflect on the many and various contributions he had made in our community life. Brent had held various roles in many of our local groups over the past decade, making friends along the way, having fun and always ready to lend a hand both to neighbours and community events. He will be sorely missed and well remembered.

Two days prior to that, a packed jazz concert and celebration of life was held for Marilyn Collins, best known to us as the convenor of the U Bouddi Big Band but active in many other spheres, most especially the Red Cross. Marilyn's family and friends were able to reflect on her many accomplishments with key pieces performed by the Big Band as a complement to anecdotes shared. Marilyn's loss was particularly difficult for the family in that she died on the morning of her signature Australia Day U Bouddi Big Band Jazz Picnic at Wagstaffe Hall, back in January. It was her wish that the band continue its work, which it most certainly will. The Bouddi Foundation for the Arts is also establishing a new memorial fund in Marilyn's name for grants to young artists wishing to follow her passion for the "Big Band" genre.

Lastly, in relation to the Hall itself, we are truly fortunate to have this resource available to the community and able to meet many of the needs of a wide range of community gatherings. The old girl is having a bit of maintenance undertaken during May and early June, but will be available to use again from about the June long weekend. We used to say "Queen's Birthday" but now it would be "King's Birthday", just not the birthday of the new king! June LWE will have to do I guess.

Until next time.

Mike

COMMUNITY CONNECT CALENDAR



Mondays - 10.30-11.30am Zumba with Fiona

Tuesdays - 7.45-8.45am Yoga with Robyn

9.15-10.15am Yoga with Abi

7-8pm Yoga with Abi

Wednesdays 6-7.15pm Whole Body Strength & Mobility with Josh

Thursdays - 9-10am Tai Chi with Lesley

Fridays - 7-8am Yoga with Robyn

9.30-10.30am Yoga with Robyn

For further details please contact the KSLSC on

Ph 4360 1150

WTKCA CONTACTS

President:

Mike Allsop

Vice President:

Richard Urquhart

Secretary:

Ian Bull - 0419 833 945

secretary.wtkca@gmail.com

Membership Secretary:

Bruce Fraser -

memsec.wtkca@gmail.com

Hall Convenor: *Martin Sieper*

Hall Bookings: **0476 033 650**
hall@wagstaffetokillcare.org.au

Newsletter:

Alex Sharp & Robyn Warburton
robynwarburton@gmail.com



EVENTS TO LOOK FORWARD to

**at HARDYS BAY
COMMUNITY CLUB**



**HARDYS
5 COURSE ITALIAN
WINE TASTING**
THURSDAY 8TH JUNE 2023

TICKETS \$89

PRIVATE EVENT FROM 6PM
5 COURSES
& MATCHING WINES
- LIMITED
- BOOKINGS ONLY
TICKETS AVAILABLE ON TRY BOOKINGS ONLY

HARDYS BAY CLUB & HARDYS HIDEAWAY
14 Heath Road, Hardys Bay



**HARDYS
ARCHIE**

PORTRAIT OF A LOCAL PERSON
PAINTED BY A LOCAL ARTIST

\$20 entry fee fundraiser for the club
1 x painting per entry over 18 years
No bigger than 1 x metre
Submit: dry, strung and ready to hang
RSVP: 08/06/23
kerrie.pentecost@bigpond.com

**6:00pm
Thursday
6th JULY 2023**

 **HARDYS BAY CLUB**

BOOKS of LOCAL HISTORY AVAILABLE at WAGGY STORE

More than Bricks and Mortar — Bouddi Houses and People

The title says it all by Robyn Warburton

Published by the Bouddi Society in 2021 \$25

People, Place and Progress

a history of the area from the perspective of the Progress/Community Association
by Robyn Warburton 2nd edition published by WTKCA in 2021 \$25

Bouddi Bites

Memories gathered by Robyn Warburton to tell other people's stories 2nd edition
published by the Bouddi Society and WTKCA in 2019 \$20

Reflections from the Beach and the Bays

Stories told by older residents in the mid-90s edited by Jill Baxter 3rd edition
published by the Bouddi Society in 2018 \$15

The Bouddi Peninsula—A Very Special Place -

is a very special coffee table book telling the peninsula's history in a very special
way edited by Lee Casey and published by the Bouddi Society in 2010 \$50



New Bouddi Foundation Grant Funds Honour Community Leaders

A tax deductible donation to the Bouddi Foundation for the Arts (BFA) has always been a great way to assist rising young artists in our area. Now with new memorial grant funds honouring community leaders, there is another reason to make a difference in the lives of young Central Coast artists seeking a career in the Arts.

The families of U Bouddi Big Band founder Marilyn Collins and Bouddi Foundation for the Arts Committee member Keith Blanket have set up new memorial funds with the Bouddi Foundation for the Arts to award grants to young artists seeking a career in the Arts. These are in addition to the existing fund for much beloved Bouddi community teacher and musician Narelle Jones set up by her family in 2020 after her passing.

Go to www.bouddiarts.org.au/donate.html or use the QR Code and select one of the three memorial funds or the Bouddi Foundation general award fund. Over 97% of every dollar donated goes directly to the awardees, and a tax deductible receipt is sent to you immediately.

The late Narelle Jones was a vibrant and active member of the Bouddi Peninsula community. She taught and played music in the community. Narelle passed away in June 2020. The Bouddi Foundation for the Arts honours Narelle with an award for a talented young person pursuing a music career.



Keith Blanket joined the Bouddi Foundation for the Arts Committee after becoming a Wagstaffe resident in late 2017. Keith used his vast experience in Advertising, Marketing and Communications to guide the Foundation in promoting its brand and activities and broadening awareness within the local community and Central Coast. Keith passed away in May of this year. The Keith Blanket Award may be awarded to a meritorious young artist of any genre.

The Marilyn Collins Memorial Award supports aspiring musicians demonstrating enthusiasm for the unique 'Big Band' style of music with a desire to entertain audiences through performance. Marilyn established the U-Bouddi Big Band in 2006. The band plays every year at the Wagstaffe Hall Australia Day celebrations. Marilyn led the band for 17 years playing saxophone. She passed away in January this year.



Over \$375,000 has been awarded to over 180 young artists in the Foundation's 12 years since it was founded by its chair, actor and director, John Bell AO OBE FRSN. In 2022 the Foundation received 34 applications, and \$57,600 in grants was awarded to 21 recipients seeking careers in the Arts.

Bouddi Foundation for the Arts



The Welcome Cuppa Tree

At Easter 2023, disembarking passengers from the ferry at Wagstaffe wharf walked up the slope towards the Community Garden. They noticed, possibly with some bemusement, the assortment of cups and mugs hanging in the paperbark tree at the centre of the Garden.

The paperbark has great significance in Aboriginal mythology. It's a 'women's business' plant – the soft bark peels away from the trunk in sheets and can be used in childbirth, for menstruation, for any injury that draws blood. Babies are birthed onto soft sheets of paperbark; it can then be used for the smoking ceremony which welcomes the baby into the world.

Local woman, Robyn Warburton, has worked tirelessly to keep the weeds at bay and so to turn the garden into something worthy of civic pride. I wandered along at the beginning of Covid and have assisted in tending the garden - weeding and planting, watering and beautifying. Plus having many friendly chats with both locals and visitors alike. Hanging cups and mugs in the tree was initially just an act of adding some colour and quirkiness to the garden. So began **The Welcome Cuppa Tree**.

Gardening works on all levels, from the outside in... in a lovely circular motion of reciprocity, like the circular breathing required to play the didgeridoo. It heals your soul, quietens your mind, connects you to earth and to air, gives you a sense of relationship with both yourself and with the world. For me, gardening clarifies my thinking, enables me to travel lines of thought as I pull weeds, plant new plants, prune dead branches. Eventually, random cups and mugs hanging in the paperbark tree to add colour to the Australian bush, morphed into **The Welcome Cuppa Tree**.



I've long been haunted by the ever-escalating suicide rate and a recent suicide in the community was too close to home. *All* suicides are too close to someone's home, someone's family, someone's heart. All those who take their own life were once welcomed into the world, perhaps not wrapped in sheets of soft paperbark, but welcomed from one world into another, nonetheless.

To so lose your sense of belonging in this world that you decide to take your own life is the greatest of tragedies, the most awful sadness.

On March 22nd, Nina Angelo, Kelly Gavine from Lifeline and I, met to inaugurate the Tree and all it symbolises. Kelly is the community response coordinator for the Central Coast Suicide Prevention Alliance. She mentioned the increasing rates of suicide here on the Central Coast and spoke of those who'd lost hope.

The symbolism of the **The Welcome Cuppa Tree** is about the importance of *not* losing hope, of simply having a conversation - with anyone, friends, strangers, the dog, Lifeline. It doesn't matter who it is, it's about the need for all of us to express our emotions rather than drowning in them, to connect with other human beings not the demons inside our heads. Our emotions are powerful, they need to be acknowledged as part of being human, not drugged out of existence as signs of weakness. We need to be able to speak about the unspeakable.

The road to suicide is most often a very long and lonely one. Being made to feel welcome - regardless of how hurt or wounded, troubled or lost one is - and sharing a coffee or a cuppa tea and a chat, can divert many from paths of self-destruction. Such simple acts of kindness and generosity, of inclusiveness and welcome, is exactly what the **The Welcome Cuppa Tree** is intended to remind us of.

If this information raises concerns for you, call Lifeline on 131114. They care, they listen and they're available 24 hours a day.

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WHAT'S ON at HARDYS BAY CLUB

FREE Live Music in June

- Fri 2/6 Trivia 7.30pm
- Sat 3/6 The Citations 6.00pm
- Sun 4/6 Alex D Smith 1.00pm
- Th 8/6 Italian Wine Tasting Dinner \$89 6.00pm
- Fri 9/6 Micky G 6.00pm
- Sat 10/6 Beatles Singalong with Aubrey & Purton Band 6.00pm
- Sun 11/6 Past Echoes 1.00pm
- Fri 16/6 CBWN Charity Lunch with Judy Nunn \$65 11.30am
- Fri 16/6 Musical Bingo 7.30pm
- Sat 17/6 Anita & Friends 6.00pm
- Sun 18/6 Michelle Murrell 1.00pm
- Fri 23/6 Kimberlee Sings Vintage 6.00pm
- Sat 24/6 Frecko 6.00pm
- Sun 25/6 Velvet Blue Trio 1.00pm
- Fri 30/6 The Voice/Gordon Reid lunch 12.00pm
- Fri 30/6 Music Mates 6.00pm



HBCC in JUNE

Sat 3rd *Man2man* with Michael Starr CEO of Coast Shelter – to fill us in on latest & how we men can help out.

Sunday services start at 9.30am each week: worship, sharing, discussion, God's word.

Sat 17th 10am-1pm: **Create at the Bay**; Space to work on your own arts project.

Sun 18th 11am – our mid-year finance meeting, allocations to south-east Asian partners.

Mid-week meetings & activities continue.

For hall hire phone Terry, M:0405 909 070

Enquiries and pastoral care: Stephen M: 0439 744 657

www.hbcc.com.au

YOUR COMMUNITY CLUB 14 Heath Rd, Hardys Bay
NSW 2257 | 02 4308 7521

**HARDYS HIDEAWAY RESTAURANT OPEN
THURSDAY TO SUNDAY**

CENTRAL COAST COUNCIL

MOBILE LIBRARY:
will visit **WAGSTAFFE** on
2nd and 16th June

PLEASE JOIN US

The Association has a proud history of promoting everything good about the unique character of the Bouddi Peninsula – the environment, the village character and the sense of community. Please consider joining us by completing the form below. **(Note: Current Members will be advised when renewals are due).** **Form is for New Members only:** By signing this form you agree to uphold the Association's Aims and Objectives [find at www.wagstaffetokillcare.org.au or contact WTKCA for a copy or further information].
(1) Complete this form **(2) Enclose** payment of \$5p.p. [includes joining fee] **(3) List** details in spaces provided **(4) Sign** this form and return to **WTKCA Membership Secretary, PO Box 4069 WAGSTAFFE NSW 2257.**

FULL NAME of new member/s [use BLOCK letters].....

Mailing address.....

Email address.....

Phone/s.....

Signed.....