



TALKING TURKEY



WTKCA WEBSITE: www.wagstaffetokillcare.org.au

No 240 September 2023

WTKCA MEETING
Monday
11th September
WTKCA Community
Meeting
All welcome!

SEPTEMBER at WAGSTAFFE HALL

MONDAYS

9:30 - 11.00 am Hatha
Yoga : Gai Davies
(024360 1854)

6:00 - 7:00

pm Pilates : Michelle
(4384 5005) / Simon
(0425224532)

TUESDAYS

10:30 - 12 noon Movement
and Mindfulness : Jacqui
Dawson (0408 602 669)

1:30 - 4:00 pm Knit Two
Chat Too : Helen Reid
(43602926)

NB: 12th + 26th Sept

WEDNESDAYS

9:30 - 10:30 am COTA Live
Longer Live Stronger
Exercise : Mai Speirs
(0411 039 643)

THURSDAYS

2:00 - 5:00 pm Mah-
jong : Pat Hamilton
(0404 955 259)

FRIDAYS

9:30 - 11:00 am Yoga :
Laurie Jones (0423 589
877)

1:30 - 4:00 pm Wagstaffe
Bridge Club : Graeme An-
derson (0414 689 922)

SUNDAY (once monthly)

3:30 - 5:30 pm Restorative
Yoga Workshop :
Abi Couchman
(0418 211 212)
24th September only

Bushfire Preparedness Tips for Seniors

After experiencing three years of abundant rainfall and substantial new growth, the approaching spring and summer bring with them a potential bushfire hazard for the Bouddi Peninsula. Ensuring the safety and well-being of seniors in the area becomes paramount during this period and being well-prepared is essential to effectively deal with any possible emergencies that may arise. Therefore, it is crucial for seniors to take proactive measures and create a comprehensive bushfire plan tailored to their specific needs and circumstances. Staying informed about local bushfire updates and evacuation procedures is of utmost importance, as is assembling an emergency kit with essential supplies. By being vigilant and prepared, seniors can better safeguard themselves and their community from the potential threat of bushfires.

Being well-prepared is essential. Proactive measures and a comprehensive bushfire plan is needed. Here are crucial steps you should take:

Develop a Comprehensive Bushfire Plan: collaborate with family, friends, or caregivers to create a detailed evacuation plan tailored to your individual needs, circumstances and abilities.

Stay Informed: regularly monitor local news and official sources for bushfire updates, warnings, and evacuation notices.

Create an Emergency Kit: assemble a personalised emergency kit containing medications, medical records, a torch, non-perishable food, water, and any other essential supplies.

Arrange for Assistance: discuss evacuation options with your neighbours, family, or community support networks to ensure quick and efficient relocation if needed.

Prepare your Home: keep the immediate surroundings clear of flammable materials; install smoke alarms for early detection.

Communicate Special Needs: inform local authorities about any specific medical requirements or mobility issues to receive appropriate assistance during emergencies.

Seek Community Support: Engage with local community groups focused on bushfire preparedness to access additional resources and support.

**Save the date - Saturday 30th September -
Killcare Rural Fire Brigade Open Day**

**President's Notes September 2023**

You may recall our points made over the last few months as to the need for a consistent "Masterplan" for the various requirements for maintenance and improvements along the entire Hardys Bay foreshore. Given that council had no interest in doing it, we are now doing it ourselves. We are very fortunate in having a number of locals with heavy duty place-planning skills and they are now working as a volunteer team to progress the initiative. The "technical" work is being undertaken in conjunction with a steering group from WTKCA and the Hardys Bay Residents Group.

The scope of the work covers parkland, landscape, roads, drainage, traffic and parking issues around the perimeter of the bay. As a governing theme is the need for accessibility along the foreshore, whether general pedestrian, families with strollers, wheelchairs or bikes. There will also be a focus on improved safety in separating people from traffic on the one hand while providing a relaxed, informal yet well maintained open space and amenity for us all to enjoy.

The group have already completed an initial dilapidation and risk survey of the foreshore from the Dog Track all the way along Araluen and up Hardys Bay Parade. It is intended over the next few months as stuff is put together that various community focus groups and presentations will be integral to the planning effort, with feedback taken on board. Account is also being taken of previous planning work and community feedback at the time.

The foreshore planning work also intersects nicely with the intentions of the newly formed "BATS" group (Bouddi Accessible Trails) who are campaigning for accessibility both in the local area as well as in Bouddi NP. They presented their ideas for sensory, accessible bush trails, beach and parkland access etc at a public meeting at the Hardys Bay Club with strong community support.

We all are working towards a sensible set of coordinated plans which can be put to the appropriate authorities for approval and funding either through operating budgets or grants where appropriate. Please join us at various ideas and feedback sessions as we go through the process. As the ad says, it won't happen overnight, but it will happen!

Mike Allsop

The Bouddi Society presents an

Afternoon by the Bay

OCTOBER 8th

at Wagstaffe Hall at 2.00pm

Cindy Dobbin and Freda Marnie
Nicholls will talk about

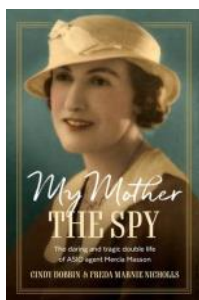
their book with

David Abrahams

My Mother the Spy

Q and A to follow

\$15 members \$20 non-
members



THE
Bouddi
Society

Tickets available at Wagstaffe
Store and Eventbrite or at the
door

WTKCA CONTACTS

President:

Mike Allsop

Vice President:

Richard Urquhart

Secretary:

Ian Bull - 0419 833 945

secretary.wtkca@gmail.com

Membership Secretary:

Bruce Fraser -

memsec.wtkca@gmail.com

Hall Convenor: *Martin Sieper*

Hall Bookings: **0476 033 650**
hall@wagstaffetokillcare.org.au

Newsletter:

Alex Sharp & Robyn Warburton
robynwarburton@gmail.com



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KILLCARE SURF LIFE SAVING CLUB

Proudly Supported By

Central Coast Council

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KILLCARE WAGSTAFFE

Kelly Cares

NSW Maritime

AUSTRALIAN UAV SERVICE

NSW Police Force

Community Open Day

Sunday September 24, 9am-12pm

- ~ Rip Identification ~
- ~ DEFIB & CPR Demos ~
- ~ IRB ('duckie') Rescues ~
- ~ UAV (Drone) Demos ~
- ~ Nippers ~
- ~ Registrations ~
- ~ Buy Club Merch ~
- ~ Sausage Sizzle ~
- ~ Bouncy Castle ~
- ~ Heaps More! ~

KSLSC COMMUNITY OPEN DAY 24th September 9am – 12pm

Killcare Surf Club will be holding a Community Day at the start of the summer season. Come along and see your local Surf Club in action with training rescues and beach safety. Off the beach there will be defib and resuscitation demonstrations. Lots of fun and informative activities for all the family with a sausage sizzle and a bouncing castle.

Your local Surf Club needs your support. Last season the Club made over 32 rescues and over 640 preventive actions. The Club needs more Patrollers and a new training course starts in October. Patrolling on the beach is a way to give back to the community. We have patrolling members from 15 to over 70. Find out what is involved and how you could get fit and have fun while keeping our beach safe.

Other community emergency services organisations will be present including the Killcare RFS and the Maritime Services. A great opportunity to ask questions and get information from your local emergency services organisations. There are other ways you can support the Club such as joining as a Community Member and enjoy the great social benefits of being part of the Club. If you have young kids our Nippers have great fun every Sunday morning while learning water skills and safety.

Can't make the day and want to know more?

See our website www.killcaresurfclub.com.au

or contact Janey on 02 4360 1150

or via email: admin@killcaresurfclub.com.au.



Killcare Surf Club needs new members to join and be trained to gain their bronze medallions, so that they can maintain their half day patrols.



Surf lifesaving is a labour of love and those of us who are proud to have been part of this wonderful volunteer service will openly say that it is truly very good karma. Everytime we save a life or prevent a drowning it is a great feeling that stays with us for the rest of our lives.

If you are sixteen years of age or older, we would like to train you to become a surf life saver!

The benefits include improving your swimming fitness and skills, learning first aid and resuscitation, making new friends, and saving lives on our beach! This is a vital community volunteer service. New members will be most welcome.

This year we are encouraging all of our members and new members to register online. It is quick and easy and it just helps everybody stay safe. Simply google:

'Join Killcare Surf Club'.

For further information contact:

Vic Wilmot, on 4360 2836 Killcare Surf Life Saving Club.



Community Connect Calendar

Mondays - 10.30-11.30am Zumba with Fiona

Tuesdays - 7.45-8.45am Yoga with Robyn

9.15-10.15am Yoga with Abi

Wednesdays - 6-7.15pm Whole Body Strength & Mobility with Josh

Fridays - 7.45-8.45am Yoga with Robyn

*****Sunday 24 th September*****

KSLSC Community Open Day from 9am-12pm

Membership

Renewal Time!



It's also KSLSC membership renewal time for season 2023/24!

Please go to the following website link to renew your membership -

https://members.sls.com.au/SLSA_Online/modules/login/index.php

Bronze Medallion

With summer on the way, have you ever thought about joining us under the tent?



It's an immensely satisfying way to help your community and meet an awesome bunch of new friends and you don't have to be super fit to do it.

Getting your bronze medallion is the starting point and we will guide you through the process of learning all the new skills you'll gain along the way.

For further details, please contact the KSLSC on Ph 4360 1150 or email admin@killcaresurfclub.com.au



SPRING BOOK FAIR at WAGSTAFFE HALL Saturday 28th October 9am—3pm

Now is the time to find the books you no longer want to own and donate them to the Spring Book Fair

**Donations accepted at Wagstaffe Hall
on Friday October 27 from 4pm - 8pm**

Volunteers — needed to set up, sort and display on the Friday and then on the Saturday for the final clean up. To volunteer please phone Kerrie Allsop 0407 453 983 or Robyn Warburton 0416 069 311.

**Accepted — Books— no torn covers, no brown or yellowed pages
CDs, DVDs, and Vinyl — all in saleable condition please, no scratched media.**

Choose and Checkout

Cash or Card accepted at Checkout.

All monies collected add to WTKCA's reserves for reinvestment in community projects.



The Bouddi Society is once again hosting an Art Show at the Wagstaffe Hall on the October long weekend - Saturday 30 September and Sunday 1 October from 9.00am to 4.00pm on both days.

All exhibitors are either residents of the Bouddi Peninsula (and include MacMasters Beach for the first time) or have close ties with it. This year there are 26 exhibitors ranging from established artists to hobbyists. The majority of works will be paintings of varying genres but will also include sculptures.

The Show's theme is *Seasons* and exhibits will identify with this theme.

A local identity will officially open the Show at 3pm on Saturday and everyone is welcome - drinks and nibbles will be served.

There will also be some craft demonstrations over the



MAJOR ARTS EVENT ON AGAIN on the BOUDDI PENINSULA

Following the Bouddi Peninsula Trail Map to the artists' studios which are identified by a red flag will enable you to discover local artisans during the October long weekend. The Trail culminates at the Wagstaffe Arts Show. Artist studios and workshops will be open on Saturday 30 September and Sunday 1 October 2023 from 9.00am.

The Arts Trail itself is a unique way in which to meet the artists in their studios and workshops and discuss what inspires them and how they create their works of art, especially since the Peninsula Wagstaffe has a lot to offer visitors seeking natural beauty with its sweeping coastal vistas, idyllic uncrowded beaches in our surrounding national parks.

A record number of artists are participating this year and they will be showcasing a diverse range of art media. Including ceramics, leather and wood, sculpture, paint (inc. indigenous), photos, paper and print, driftwood and found objects, fibre and woven material.

The Trail Map is on our website and is available at local shops, restaurants and at the Maitland Bay Information Centre on Scenic Road.

For further information contact Susan Brooks 0419295717 or check our Facebook site.



WHAT'S ON at HARDYS BAY CLUB in SEPTEMBER

Fri 1st Jim Maxwell Lunch Tickets \$20

www.trybooking.com 12 noon

Trivia 7.30pm

Sat 2nd Micky G 6.00pm

Sun 3rd Mirrabooka (Father's Day) 1.00pm

Fri 8th Les Lowe 6.00pm

Sat 9th The Charlies 6.00pm

Sun 10th The Quiet Boys 1.00pm

Fri 15th Musical Bingo 7.30pm

Sat 16th Past Echoes 6.00pm

Sun 17th Car Boot Sale – Pretty Beach P & C 8.00am

The Night Owls 1.00pm

Fri 22nd Top Cat 6.00pm

Sat 23rd Ruby the Red Horse 6.00pm

Sun 24th U-Bouddi Big Band 1.00pm

Fri 29th Music Mates – Helena 6.00pm

Sat 30th Anita 1.00pm

**YOUR COMMUNITY CLUB 14 Heath Rd, Hardys Bay
NSW 2257 | 02 4308 7521**



HBCC in SEPTEMBER

Our theme for August-September is on
How we hear from God.

Two very special services this month:
Sun 3rd 9.30am – **Father's Day** special
What's our uniquely male contribution
to family?

Sun 17th 9.30am – Season commencement
service for **RFS & Surf Club** volunteers
– we'll hear from each agency about the
season ahead, we pray for them, there is
a special word - *Integrity*, and an amaz-
ing morning tea.

Save the date: Sat 14th Oct, 9.30 to 11am
Our fourth term *Man2Man* discussion
on **The Voice to Parliament**.

Mid-week Bible studies are on Monday
9.30-11am and Thurs 7-8.30pm.

Enquiries and urgent pastoral care:
Stephen Hinks: 0439 744 657
Our Community Hall is available for
hire: Terry Wilson: 0405 909 070

CENTRAL COAST COUNCIL

MOBILE LIBRARY:
will visit **WAGSTAFFE**
on 8th and 22nd September

PLEASE JOIN US

The Association has a proud history of promoting everything good about the unique character of the Bouddi Peninsula – the environment, the village character and the sense of community. Please consider joining us by completing the form below. **(Note: Current Members will be advised when renewals are due).** **Form is for New Members only:** By signing this form you agree to uphold the Association's Aims and Objectives [find at www.wagstaffetokillcare.org.au or contact WTKCA for a copy or further information].
(1) Complete this form **(2) Enclose** payment of \$5p.p. [includes joining fee] **(3) List** details in spaces provided
(4) Sign this form and return to **WTKCA Membership Secretary, PO Box 4069 WAGSTAFFE NSW 2257.**

FULL NAME of new member/s [use BLOCK letters].....

Mailing address.....

Email address.....

Phone/s.....

Signed.....